

# CHEMICAL PEEL PRE-TREATMENT INSTRUCTIONS

Vitalize Peel® Rejuvenize Peel™

## PURPOSE:

The SkinMedica® Peels range from very superficial to superficial, designed to improve the texture and appearance of your skin.

## PATIENTS WHO SHOULD NOT BE TREATED:

- Patients with active cold sores or warts, skin with open wounds, sunburn, excessively sensitive skin, dermatitis or inflammatory rosacea in the area to be treated. Inform the esthetician if you have any history of herpes simplex
- Patients with a history of allergies (especially allergies to salicylates like aspirin), rashes, or other skin reactions, or those who may be sensitive to any of the components in this treatment
- Patients who have taken Accutane® within the past year
- Patients who are pregnant or breastfeeding (lactating)
- Patients who have received chemotherapy or radiation therapy
- Patients with vitiligo
- Patients with a history of an autoimmune disease (such as rheumatoid arthritis, psoriasis, lupus, multiple sclerosis, etc.) or any condition that may weaken their immune system

## ONE WEEK BEFORE YOUR SKINMEDICA® PEEL AVOID THESE PRODUCTS AND/OR PROCEDURES:

- Electrolysis
- Waxing
- Depilatory Creams
- Laser Hair Removal
- Patients who have had BOTOX® injections should wait until full effect of their treatment is seen before receiving a SkinMedica® Peel

## TWO TO THREE DAYS BEFORE YOUR SKINMEDICA® PEEL AVOID THESE PRODUCTS AND/OR PROCEDURES:

- Retin-A®, Renova®, Differin®, Tazorac®
- Any products containing retinol, alpha-hydroxy acid (AHA) or beta-hydroxy acid (BHA), or benzoyl peroxide
- Any exfoliating products that may be drying or irritating
- Patients who have had medical cosmetic facial treatments or procedures (e.g. laser therapy, surgical procedures, cosmetic filler, microdermabrasion, etc.) should wait until skin sensitivity completely resolves before receiving a SkinMedica® Peel

Note: The use of these products/treatments prior to your peel may increase skin sensitivity and cause a stronger reaction.