

PICO SURE LASER SKIN REJUVENATION POST-TREATMENT INSTRUCTIONS

Warmth/heat sensation may linger for an hour. Cool the skin post treatment as needed with cold gel packs, Aloe Vera gel, or cool air.

Gently cleanse the treated areas with mild soap and water, then pat the area dry. Do not soak treated areas.

Do not rub or scratch the treated area.

If crusting or scabbing occurs do not shave or pick the area. Apply a moisturizer to the area 2-3 times a day. Keep the area moist, and let the crusting/scabbing resolve on its own. Apply moisturizer as needed.

Any discomfort may be relieved by cold gel packs and/or an over the counter pain reliever, such as acetaminophen (Tylenol®).

Apply SPF #30 and continue to use daily.

Avoid contact sports or any other activity that could cause injury of the treated area.

Avoid swimming, soaking or using hot tubs/whirlpools until the skin heals (about 48 hours post treatment).

Contact our office if there is any indication of infection (redness, tenderness or pus).

Following the recommended post treatment protocol will likely improve the results and reduce the chance of small adverse events. Failure to comply may result in or increase the chance of complications such as: hyper or hypopigmentation, etc.