

## LASER TATTOO REMOVAL POST-TREATMENT INSTRUCTIONS:

After your treatment, and before you leave our office, the treated area will be cleansed and dressed with a bandage or non-stick pad. This dressing should not be removed and the area should not get wet for 24 hours after treatment. The following post treatment care instructions should be followed after the 24 hour period:

Cleanse the treated area at least once daily with water and mild soap, then pat the area dry.

After cleansing and while skin is still moist, apply a thin layer of Aloe Vera gel to the treated tattoo.

If desired, apply a non-stick pad over the tattoo until it is healed. Approximately 2 days.

Do not rub or scratch the treated area.

If crusting/scabbing occurs, do not shave or pick the area. Apply triple antibiotic ointment to the treated area 2-3 times a day. Keep the area moist, and let the crusting/scabbing resolve on its own.

Discomfort may be relieved by cold gel packs and/or an over the counter pain reliever, such as acetaminophen (Tylenol®).

Avoid contact sports or any other activity that could cause injury to the treated area.

Avoid exercise, swimming, soaking or using hot tubes/whirlpools until the skin heals (about 48 hours post treatment).

Call our office if there is any indication of infection (redness, tenderness or pus).

Avoid sun exposure to the treated area for 4 weeks. Use a broad spectrum UVA/UVB sunscreen with an SPF of 30 or higher. Apply to the treated area every 2 hours when exposed to the sun.

If blistering occurs, keep the area moist by applying triple antibiotic ointment 3 times per day per recommendation of the physician.

**Following the recommended post treatment protocol will likely improve the results and reduce the chance of small adverse events. Failure to comply may result in or increase the chance of complications such as: hyper or hypopigmentation, etc.**