

HOW DO I PREPARE FOR MY LASER HAIR REMOVAL TREATMENT?

- Avoid sun exposure 2 to 3 weeks before and after treatment. TAN SKIN CANNOT BE TREATED. A tan could cause a burn or discoloration (dark or light spots) of the skin after laser treatment. The use of tanning cream must also be stopped 10 days prior to treatment.
- It is important that you do NOT have more than a “stubble” growth of dark hair on the day of treatment. Do not wax, pluck, thread or bleach for about 3 weeks before the treatment.

For Women: Facial hair may be trimmed with scissors if you do not wish to shave the area(s) to be treated.

For Men: Shave the same day of your treatment.

- Body hair should be shaved the day of treatment or up to 2 days prior to treatment. As your treatments progress, shaving times may change. The nurse will provide individualized shaving instructions to accommodate the slower hair growth.
- Certain medications are contraindicated with the use of the lasers. Accutane must be discontinued for 6 months prior to receiving a laser treatment. If you are taking an anti-biotic, check with the office for specific instructions that pertain to your specific medication.